

Clermont County On The Move

a newsletter for citiznes

Commissioners: Bob Proud, Mary Walker and Scott Croswell

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Fighting the Flu

By: Clermont County General Health District

Ithough the best way to prevent the flu is to receive a flu vaccine (either by injection or the nasal mist), by now you've probably heard that flu vaccines in our area have been depleted. If you didn't get your flu shot, don't despair; there are ways to protect yourself against the flu.

To lessen the risk of "catching" the flu, follow these simple steps to good health:

- avoid close contact with those who are sick.
- wash your hands, often, with soap and water or an alcoholbased hand cleaner.
- keep hands away from eyes, nose, and mouth.
- do not share eating utensils, drinking glasses or other personal items.

Symptoms of the flu include high fever, headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose, and muscle aches. The sudden onset of symptoms is one way you know it's really the flu. If you do get the flu, it is advisable to get plenty of rest, drink lots of fluids, and avoid using alcohol and tobacco products. Medications may be taken to relieve the symptoms of

flu. Never give aspirin to children or teenagers who have flu like symptoms, without first consulting their doctor. If the symptoms are severe, contact your family physician.

Persons who have the flu may be contagious up to seven days after getting sick. Children may be contagious longer than seven days. "Sick" people can also take steps to help prevent the spread of respiratory illnesses, such as the flu:

- keep your distance from others to prevent them from getting sick
- stay home when you are sick.
- cover your mouth and nose when coughing or sneezing with a tissue (discard the tissue). If you do not have a tissue, sneeze or cough into your sleeve.
- wash your hands, often, with soap and water or an alcoholbased hand cleaner.
- do not share eating utensils, drinking glasses or other personal items.

For those at special risk from complications of the flu, consult your physician when flu symptoms begin. This includes persons 65 years and older, those with chronic medical

conditions, pregnant women, and children. Your doctor may chose to use certain anti-viral drugs to treat the flu. These drugs cannot cure the flu, but if started in the first two days of illness, can reduce the duration of the disease.



Chilo Lock #34 Park Wins "Best of City"

By: Keith Robinson, Park District

Chilo Lock #34 Park was awarded "Best of the City" for best winter camping by *Cincinnati Magazine*.

The Park was recognized for its Yurts, which are very popular among scout troops for their fall and winter campouts. The Yurts resemble, and are named for, the historical huts or homes once used by the Genghis Khan and other Mongolian natives.

Hargitt Named New TASC Director

The Board of Clermont County Commissioners has named Dee Hargitt as Director of the Treatment Alternatives to Street Crime (TASC) program. Hargitt has served as interim director of the program for the past 11 months and previously was employed with the Clermont County Department of Job and Family Services.

TASC is a "bridge" agency that links the criminal justice and treatment programs and serves clients referred by the Common Pleas and Municipal Courts involved in alcohol or drug related offenses.



Dee Hargitt

"I am looking forward to continuing the close working relationship TASC has with Common Pleas and Municipal Courts, local treatment providers, and the Mental Health and Recovery Board," says Hargitt.

Hargitt holds a BA in psychology and sociology from the University of Cincinnati and a Masters in social work from Ohio State University. She resides in the Eastgate area and is the proud mom of a 20-year-old daughter and a 17-year-old son

Bloom Named Sanitary Engineer

By: Sue Coleman, Sewer District

Lyle Bloom has been promoted to the position of Sanitary Engineer of the Clermont County Sewer District. Lyle is a licensed engineer with a bachelor's degree in civil engineering from the University of Cincinnati and has worked for the Sewer District for over three years.

Prior to working for Clermont County, Lyle worked in the consulting field, primarily focusing on hydraulic modeling of sanitary sewers.

As Sanitary Engineer, Lyle is striving to combine operational concerns of the water and sewer systems with engineering and construction theories. Lyle is a lifetime resident of Clermont County and currently resides in Monroe Township with his wife Darcie. In his spare time Lyle enjoys fishing and is a wrestling coach for the West Clermont School District.

DPSS Welcomes New ERT

DPSS congratulates Jason Noonan for the successful completion of his 6 month training as an emergency resource technician, including all necessary certifications.

New Deputy Director of Children's Protective Services

By: Suzanne Embry, DJFS

Anne Arbaugh has been named the new Deputy Director of Children's Protective Services (CPS) for the Clermont County Department of Job and Family Services. Anne has worked for the department for more than 10 years.

According to DJFS Director Tim McCartney, among Anne's many assets are "the passion she has for protecting children and a wealth of experience with both the Domestic and Juvenile Court systems."

We wish Ms. Arbaugh the best in her new position!



January Commissioner Sessions

Monday, Jan. 12 11:00 a.m. BCC reorganization meeting

All regular sessions are held in the third floor session room of the Clermont County Administration Building, 101 East Main Street in Batavia, Ohio. For agenda information, contact the BCC offices at (513) 732-7300.



New Bengals Fan?

It appears there's a new Bengals fan in town. Longtime Cleveland Browns fan Mark Coyle (Veterans' Services) has been spotted driving his truck covered in Bengals banners.

Could it be that Mark has changed his allegiance....or is it just the handiwork of his "friends" at the Board of Elections?

What's Happening at Clermont County Parks



By: Keith Robinson, naturalist

Build a Bluebird Box Saturday January 10th, 12:00 p.m. Pattison Park Lodge

Bluebirds prefer to nest in hollowed out tree cavities. At one time their populations declined due to a lack of mature forests that had sufficient tree cavities. However, their populations have increased tremendously thanks to bluebird boxes. Bluebird boxes are a great substitute for a natural tree cavity, and can attract House Wrens, Carolina Chickadees, and Tufted Titmice, in addition to the Bluebirds. If you don't have a bluebird box yet, now is your chance. Learn when and where to put your box up, and how to encourage bluebirds to take up residence in one of your boxes. Each participant will get a set of plans, as well as all of the mateirals. Then build your box right there on the spot. Space is limited, so sign up now! Pre-registration is required. \$5.00 fee for each bluebird box. Call 513-876-9013 to register.

Winter Hike Series Sunday January 11th, 1:00 p.m. Stonelick State Park

The Clermont County Park District is working cooperatively with Stonelick State Park to offer this hike. Stonelick features several miles of trails with a scenic view of Stonelick Lake.

Meet at the campground check-in.

Winter Tree Identification Sunday January 25th 12:00 p.m. Chilo Lock #34 Park

Leaves aren't the only way to identify trees. Discover tips on how to use buds and bark to distinguish between Ohio's deciduous trees. Using a simple key, and a few simple terms, you'll be able to Identify some common trees without the help of their leaves. Meet at the naturalist office.

Notes from the Recorder's Office

By: Marsha Stockton, Recorder's Office

In January, 2004, the Clermont County Recorder's office will upgrade all employee workstations at no additional cost to the county. This upgrade, as well as future upgrades, is through our service based computer system.

As of November, 2003, the Recorder's office processed 75,310 documents, collecting \$2,970,202.99 in fees.

Our website has been a great success. It has been a time-saver for realtors, examiners, surveyors, and the general public. You can access real estate records from 1993 forward at www.landaccess.com.

For more information, contact the Recorder's Office at 732-7236.

Disposing of Used Oil

By: Jennifer Morgan

With the installation of the final waste oil furnace, Fleet Maintenance is now heated entirely with used petroleum products. If you change your own oil and are looking for a place to dispose of the used oil, we can help you and your oil can help us stay warm this winter!

Oil drop offs can be made at 4005 Filager Road (between the Sheriff's office and



Humane Society) anytime between 7:00 a.m. and 3:30 p.m., Monday through Friday. Any used motor oil, hydraulic fluid, or gear oils can be accepted.

Also, a reminder that we accept used antifreeze, which is recycled and utilized in county vehicles. Should you have a substantial amount of waste oil that you need to dispose of, but have no way of transporting it, please contact Fleet to make arrangements for pick up at 513-732-7775.

On the Move is a service of the Board of Clermont County Commissioners. For more information about any of the articles included in this publication, contact Kathy Lehr or Bobbi Padgett at **732-7597**.